“Let’s talk about your unplanned pregnancy”
What are your options?

If your pregnancy was unplanned, or your circumstances have changed, we know it can be a difficult and confusing time. It is important that you consider your options carefully and make an informed decision.

You have three choices available: you can continue the pregnancy and parent; continue the pregnancy and have the baby adopted; or have a termination.

Who can help you decide?

You should make the final decision as to how you would like to proceed.

This decision should be a careful, informed choice and appropriate to your life right now.

You might be comfortable making the decision alone or you may prefer to talk to someone about it. You could speak to a counsellor, seek advice from your GP, talk to a friend or someone in your family.

At Dr Marie™ we offer free decision-based counselling over the phone, or can refer you to an independent counsellor. Call 1300 003 707.

Is abortion legal in Australia?

Abortion laws in Australia differ from state to state.

You can legally access abortion services anywhere in Australia if you comply with the relevant state’s legislation.

For more information, talk to us on 1300 003 707 or speak to your GP.

What procedures are available?

There are two types of abortion – a surgical procedure or a medical process where you take tablets instead of having surgery. Both methods are very reliable.

A surgical procedure usually requires anaesthetic and is performed in a clinical procedure room.

A medical process requires you to take two types of tablets to bring on a miscarriage (one taken at the centre and a further set of tablets taken at home 24-48 hours later). This method is suitable only for early pregnancies.

Each procedure has different processes and preparation requirements. The right one for you may depend on how far your pregnancy has advanced, your general health, medical conditions and your own personal preference.

Both procedures are supported by 24 hour aftercare for any concerns or questions you may have after the termination.

For information on the differences between the two procedures and to read our frequently asked questions, visit drmarie.org.au or talk to us on 1300 003 707.

How much does an abortion cost?

If you have a Medicare card, some of the cost will be covered by Medicare. There is however an out of pocket cost as with most other private medical treatments or day surgery procedures.

The cost varies according to a number of factors, including:

• the facility you attend
• your gestation (how far along you are in the pregnancy)
• the type of procedure you choose (medical or surgical)
• whether you have private health insurance

If you have private health insurance, then you may be covered by your policy. You should contact your insurer directly for this information.

For an exact cost relevant to your circumstances please call 1300 003 707.
Is having an abortion safe?

Early gestation abortion is one of the safest procedures carried out in hospitals and clinics throughout the world.

However, you should be aware that there are a small number of possible complications associated with surgical or medical abortion. Please see our detailed information at drmarie.org.au.

Even though the possibility of these complications occurring is minor, we will provide you with detailed information on them prior to your procedure.

How do you choose a provider?

Although limited abortion services are provided at some public hospitals, most are through private providers.

Providers can differ in the level of quality, type of procedures, related services they offer such as counselling, aftercare and contraceptive insertions, and their accreditation status.

You may want to talk to your GP or healthcare professional about local providers in your area.

How can you protect yourself from an unplanned pregnancy?

These days there are many options for contraception. From the pill and condoms to an intra-uterine device (IUD) that protects you for 10 years. You should choose one that best suits your current needs. To understand your options and how we can help you visit drmarie.org.au.

If you haven’t used contraception, a condom breaks, or you are on the pill and have missed one, download our “Missed Pill” or “Emergency contraception” (“morning after pill”) flyer from drmarie.org.au.

If required, emergency contraception is available from your local pharmacist.

Why choose Dr Marie?

Since 2000, Dr Marie™ has been providing caring and non-judgemental unplanned pregnancy services. These include surgical and medical abortion, decision-based counselling, contraceptive inserts, STI checks, Pap smears and 24 hour aftercare.

We provide these services across our network of Australian Dr Marie centres located in Queensland, New South Wales, Australian Capital Territory, Victoria and Western Australia.

Find your nearest location at drmarie.org.au.

Our centres are accredited by either the Australian Council on Healthcare Standards or with ISO certification.

Our dedicated team of doctors and nurses deliver the highest quality standards of care. We have an independent National Medical Advisory Committee made up of medical specialists in relevant fields that assesses our clinical processes, protocols and procedures against best practice and reviews our doctors’ performance.

Talk to us

Call our national support centre on 1300 003 707 for more information or to make an appointment.

We also offer a confidential online webchat service to answer your questions without having to make a phone call. You can also easily make a booking enquiry online at drmarie.org.au.
leaves women who want to end a pregnancy in a desperate situation.

More than 200 million women would like to use contraception but cannot get it. If they could, it would reduce the number of women who die by one third.

If you would like to help these women who do not have access to the services that we have in Australia, you can donate online at mariestopes.org.au

**We’re not-for-profit**

Dr Marie is part of the Marie Stopes International global partnership. Surplus proceeds are donated to our life-saving family planning and safe abortion services in developing countries.

Did you know that every year 358,000 women die from pregnancy and childbirth related causes? Seventy thousand of these deaths are from unsafe abortion in developing countries where lack of access to contraception or quality, safe abortion services,
Contraceptive implants, injections, IUD/IUS
Surgical and medical abortion
Vasectomy
Independent decision-based counselling
STI check-ups
24 hour aftercare