



Vasectomy



MARIE STOPES
AUSTRALIA

What are your contraceptive choices?

When it comes to contraceptive options for men, it's simple. There are two choices – wearing a condom or having a vasectomy.

Vasectomy is the only long-acting method of male contraception currently available, and **it should be considered a permanent method, as there is no guarantee it can be reversed.**

With a success rate of over 99%, it is a safe, simple, effective and ideal option for men who have completed their families or who don't want to have any children.

For more information, talk to us on **1300 003 707** or send us an online enquiry at **vasectomy.org.au**.

What is a vasectomy?

Vasectomy is the common name for male sterilisation. It is a simple surgical procedure, which divides the sperm-carrying tubes (vas deferens) in the scrotum. Vasectomy will not affect your sexual performance or ability to ejaculate. Quite simply, ejaculated semen will no longer contain sperm. No method of contraception is 100% effective, but vasectomy is one of the most effective options available. The no scalpel open-ended technique used at Marie Stopes Australia has a failure rate of less than 0.1% or 1 in a 1000.

Vasectomy is the only permanent method of contraception currently available to men

It should always be considered a permanent option as there is no guarantee it can be reversed

What does the procedure involve?

The vasectomy procedure involves cutting and separating the ends of the tubes that move sperm from the testicles to the penis. Sperm is the component that leads to pregnancy, and after a vasectomy, it will be reabsorbed into your body, instead of making its way into your semen. The procedure itself takes just 15-30 minutes, is not painful and is usually done under local anaesthetic (under sedation if required or requested.)



How much does it cost?

If you have a Medicare card, some of the cost will be covered by Medicare. There is, however, an out of pocket cost, as with most private medical treatments or day surgery procedures. The cost varies according to a number of factors, including:

- The facility you attend
- The type of anaesthetic preferred
- Whether you have private health insurance

If you have private health insurance, then you may be covered by your policy. You should contact your insurer directly for this information. For a more precise quote, related to your personal circumstances, talk to us on **1300 003 707**.

When can you get back on the job?

You may return to work a day or two after a vasectomy, especially if your work mainly involves sitting at a desk. However, if your work involves any kind of physical

Our national support centre is open extended hours

Monday to Thursday: 7am-7pm

Friday: 7am-6pm

Saturday: 9am-5pm

Sunday: call back service

We have 24-hour aftercare nurses on call

Get immediately connected to the 24-hour aftercare nurse during or out of hours for free advice, or send us an online enquiry and we'll get back in touch the very next business day.

exertion you will need to request light duties for your first week of return or take the week off. You should avoid physically strenuous activities for a week after your procedure, and not engage in contact sports for one month.

Why Marie Stopes Australia?

Marie Stopes is Australia's largest vasectomy provider. Our qualified vasectomists are located in ACT, NSW, QLD, VIC and WA. Our doctors use a Painless Local Anaesthetic Delivery technique resulting in most patients feeling less pain than expected or no sharp pain at all when the anaesthetic is injected*.

We are the only nationally accredited contraception and safe abortion provider giving Australian women and men real reproductive choices. A non-profit organisation, our network of clinics provide tens of thousands of women and men each year with the highest standard in sexual and reproductive care, while our pharmaceutical company, MS Health, brings innovative sexual and reproductive health medicines to Australians.

Our day surgeries are independently accredited

All our day procedure facilities across Australia are independently accredited against the National Safety and Quality Health Service Standards.

For more information, or to provide feedback about our services, visit [mariestopes.org.au/about-us/our-standards/](https://www.mariestopes.org.au/about-us/our-standards/).

*79% of patients administered the painless anaesthetic delivery method experienced less pain than expected or no pain at all.



Some of the 200 men who waited to have a vasectomy outside a Marie Stopes mobile clinic in PNG. Photo by Tom Greenwood.

We're not-for-profit

Marie Stopes Australia is part of the Marie Stopes global partnership. Proceeds are donated to help provide life-saving family planning services in developing countries like Papua New Guinea, where vasectomy has become a popular choice, as maternal mortality is very high. Being able to have fewer children means it's also much easier for men to support their families.



If you would like to help people in developing countries access vital family planning services, you can make a tax-deductible donation to our Asia-Pacific fund at mariestopesinternational.org.au.

In Australia, women who are experiencing financial and other pressures can often struggle to access affordable contraception and abortion care. If you would like to make a tax-deductible donation to our Australian fund, please visit mariestopes.org.au/donate/



Abortion

Surgical abortion

Medical abortion in clinic

Medical abortion over the phone

Second trimester abortion

Contraception

Long-acting reversible contraception

Emergency contraception

Tubal ligation (WA only)

Vasectomy

Support services

Free decision-based counselling

24-hour nurse-led aftercare

Interpreter services available

Call 1300 003 707

Visit vasectomy.org.au

Email info@mariestopes.org.au